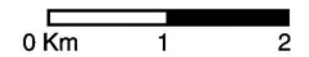
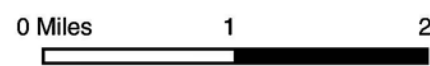


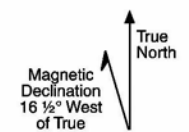
GRAFTON LOOP TRAIL

LEGEND

- Grafton Notch State Park
- MBPL Mahoosuc Unit
- Campsite
- Shelter
- Appalachian Trail
- Grafton Loop Trail
- Appalachian Trail
- side trail



Contour Interval 200 feet



Cartography and Trail Mapping by
Larry Garland
Appalachian Mountain Club



The Grafton Loop Trail, when hiked in conjunction with a section of the Appalachian Trail is a 38-mile loop that crosses Route 26 twice: once near Eddy Road in Newry, Maine and again in Grafton Notch State Park on the Appalachian Trail. Each road crossing/ trailhead has vehicle parking and an informational kiosk.

Thirty-one miles of the trail are recently constructed. Traversing nine mountain summits and seven primitive campsites, the route offers unique backcountry experiences. Approximately one-half of the trail is on private land and the rest on public land managed by Maine's Bureau of Parks and Lands.

Construction of the trail has involved hundreds of volunteers and the dedication of the several organizations and individuals who comprise the Grafton Loop Trail Coalition. These include the Maine Appalachian Trail Club, the Appalachian Mountain Club, Maine Conservation Corps, Outward Bound Wilderness, Maine BPL, Creative Conservation LLC, Caribou Recreation Development LLC, and some key landowners. The group's mission is to develop multi-day hiking opportunities as alternatives to heavily used sections of the Appalachian Trail.

The spectacular location of the trail is the result of a cooperative effort among landowners, non-profit organizations, interested community members, and the State of Maine.



Funding for trail design and construction came from Fields Pond Foundation, members of the Grafton Loop Trail coalition, Maine Bureau of Parks and Lands, Maine Recreation Trails Program, Hauben Foundation, Betterment Fund, Maine Community Foundation and the Maine Outdoor Heritage Fund.

PRIVATE LANDS ETIQUETTE

The Grafton Notch area may seem vast and remote, but a mosaic of private and public land dominates the region. The private landowners have generously granted the public access. In order to maintain that access, we must all respect the following principles. Those items listed in **bold** are particular to the Grafton Loop Trail.

LEAVE NO TRACE

LEAVE NO TRACE is an educational program to help backcountry users understand and minimize their impacts on the land, wildlife, and other users- to help keep people from "loving it to death".

PLAN AHEAD AND PREPARE: Know the regulations and special concerns for the area. Prepare for extreme weather, hazards, and emergencies. Schedule your hike to avoid times of high use. **Group size is limited to 12.**

TRAVEL AND CAMP ON DURABLE SURFACES: Durable surfaces include trails and developed campsites, rock, gravel and snow. **Camping allowed only at the designated campsites.**



Please use only the designated trail. In general, the campsites are not within reach for evening starts. Please review the maps, make sober assessments, and

arrive at a trailhead with adequate time to reach a designated campsite.

IN ALPINE AREAS: Rare and sensitive plants exist in alpine areas. These plants are particularly susceptible to impacts from trampling. **Please do not stray from the trail.**

DISPOSE OF WASTE PROPERLY: Pack it in/pack it out. This includes leftover food and litter. Inspect your campsite and rest areas for trash or dropped foods. Use an outhouse for human waste when possible or dig cat holes that are at least 200 feet from water, campsites, or trails.

GRAFTON LOOP TRAIL





FOR MORE INFORMATION OR TO VOLUNTEER CONTACT:
WWW.OUTDOORS.ORG ~ WWW.MATC.ORG

CAMPFIRES: Our agreement with landowners prohibits fires. Please bring a stove.

LEAVE WHAT YOU FIND: Preserve the past. Do not touch cultural or historic artifacts. Leave rocks, plants and other objects as you find them. Do not build structures, furniture or dig trenches.

BE CONSIDERATE OF OTHER VISITORS: Respect other visitors and protect the quality of their experience. Yield to other users on the trail. Take breaks from trails and other users. Avoid loud noises and even bright clothes.



RESPECT WILDLIFE: Observe wildlife from a distance. Do not follow or approach them. Never feed animals, it risks their health, alters natural behaviors, and exposes them to predators. Protect your food by storing rations and trash securely. Avoid wildlife during sensitive times: mating, nesting, raising young or winter.

Trail Distances

Direction of Travel	↪	↻
Eddy Road Parking Lot	38.6	<i>0.0</i>
Picnic Ledge—outlook on Puzzle Mt.	36.2	<i>2.4</i>
<i>Puzzle Mountain Summit</i>	35.4	<i>3.2</i>
Stewart Campsite Spur Trail: 0.1	33.7	<i>4.9</i>
<i>Long Mountain Summit</i>	29.1	<i>9.5</i>
Town Corner Campsite Spur Trail: 0.1	28.2	<i>10.4</i>
Knoll Campsite Spur Trail: 0.2	26.7	<i>11.9</i>
Lane Campsite Spur Trail: 0.1	25.4	<i>13.2</i>
<i>Lightning Ledge Summit</i>	24.1	<i>14.5</i>
East Baldpate Campsite: 0.2	23.8	<i>14.8</i>
<i>East Baldpate Summit</i>	21.5	<i>17.1</i>
Grafton Notch A.T. parking lot	17.5	<i>21.1</i>
<i>Old Speck Summit</i>	13.5	<i>25.1</i>
Slide Campsite Spur Trail: 0.2	10.5	<i>28.1</i>
<i>Miles Notch</i>	8.3	<i>30.3</i>
<i>Sunday River Whitecap Summit</i>	7.1	<i>31.5</i>
Sargent Brook Camp Spur Trail: 0.2	6.0	<i>32.6</i>
<i>Bald Mountain Summit</i>	3.1	<i>35.5</i>
Route. 26	0.6	<i>38.0</i>
Eddy Road Parking Lot	0.0	<i>38.6</i>