



# THE SUDS PUB

DOWNSTAIRS AT THE SUDBURY INN

151 MAIN STREET • BETHEL, MAINE

**824-6558**

## Appetizers

W23

### SUDBURY WINGS

Our world famous jumbo wings served with celery and carrot sticks on the side.

YOU PICK THE FLAVOR:

Plain, BBQ, House, Hot or Volcanic!

6 Wings 12    12 Wings 22

### CHICKEN TENDERS

Hot breaded tenders served with honey Dijon

Mustard dipping sauce 12

Add French fries 3

### LOBSTER ARTICHOKE DIP

A seasoned blend of cream cheese with Maine lobster and artichoke hearts served with foccacia points 18

BASKET OF ONION RINGS 8

BASKET OF FRENCH FRIES 8

BASKET OF SWEET POTATO FRIES 8

### MUSSELS PROVENCAL

A pound of fresh succulent mussels sautéed in an herb garlic butter with lemon, red onions, scallions, Roma tomatoes and white wine 18

### CRAB CAKES

Our own hand formed cakes, sautéed and served with a sauce remoulade 12

### NACHOS WITH CHEESE

We fry the chips here, cover them with cheddar & monterey jack & bake them golden brown. Served with salsa & sour cream 10    Add Chili 4

### NACHOS EL GRANDE

Same as above with a spicy refried bean mix, tomatoes, onions, green peppers, black olives and jalapenos 15

Add Chili 4

Add Chicken 4

CHEDDAR CHEESE FRIES 10

CHILI CHEESE FRIES 12

\*Consuming raw or undercooked foods (such as meat cooked rare or medium rare) may increase your risk of food borne illness\*

**ALL OF OUR FRIED FOODS ARE COOKED IN TRANSFAT-FREE OIL**

# Soups & Salads

## NEW ENGLAND CLAM CHOWDER

A classic New England recipe, this is a real clam chowder! 10

## FRENCH ONION SOUP

A traditional skiers' warm-up topped with herb croutons and melted cheese 10

## SUDS PUB'S VOODOO CHILI

An award winner, it will warm you straight through. This is a beef chili, topped with cheddar and Monterey jack cheeses 10

## Burgers\*

### MAINE BISON BURGER\*

A tasty 1/2 pound bison burger, (lower in calories, fat & cholesterol than beef, chicken or pork!). Served with lettuce and tomato on a bulky roll, fries and a deli style pickle 20

### THE PUB BURGER\*

The Pub Burger: Our world famous certified Angus ground beef char-grilled to perfection. Served with lettuce and tomato on a bulky roll, fries and a deli style pickle 17

### VEGGIE BURGER

A grilled veggie burger served with lettuce and tomato on a bulky roll 16

## Carb Counters

### BURGERS LITE

The same burger as those listed above without the bun or fries, but with sautéed mushrooms, onions, green peppers and a demi-salad.

PUB BURGER LITE\* 17

BISON BURGER LITE\* 20

VEGGIE BURGER LITE 16

## Build it your way...

*Add the following items*

### CHEESE

American — Cheddar — Swiss ... 1.5

Blue ... 2

### SAUTEED

Mushrooms — Onions — Green Peppers... 1.5

Bacon ... 2

## COBB SALAD

Mixed greens topped with tomatoes, egg, green peppers, onions, black olives, crisp bacon, blue and cheddar cheeses 14 Mini Cobb Salad 10

## "SUDS" SALAD

Mixed greens topped with walnuts, grapes, blue cheese and our balsamic vinaigrette 8

## CAESAR SALAD\*

Homemade Caesar dressing tossed with chopped Romaine, croutons & shredded parmesan 11 Mini Caesar Salad 7

## SPINACH SALAD

Baby spinach leaves, mushrooms, hardboiled egg and bacon topped with a honey dijon mustard dressing 10 Mini Spinach Salad 7

## SALAD ADD-ONS

To any of the above salads add the following

CRAB CAKES 10

MARINATED BEEF TIPS\* 10

BLACKENED SALMON\* 10

GRILLED CHICKEN 8

## Sandwiches

*All sandwiches served with house fries*

## FISH SANDWICH

Fresh fried haddock served on a bulky roll with lettuce, tomato and side of our house tartar sauce 17

## REUBEN SANDWICH

Tender slices of grilled corn beef topped with our blend of sauerkraut, homemade thousand island dressing and swiss cheese on grilled rye bread 17

## PULLED PORK SANDWICH

A generous serving of house roasted pulled pork slathered in barbeque sauce, served on a bulky roll 17

## SUDS STEAK BOMB\*

Shaved steak sliced thin and grilled with onions, green peppers and cheddar jack cheese 17

## CHICKEN

Crispy or grilled, served on a roll with lettuce and tomato 17

## TURKEY BLT

Sliced turkey and bacon piled high on toasted multi grain bread with lettuce, tomato and homemade Aioli 16

## CHICKEN CAESAR WRAP\*

Diced chicken, chopped romaine lettuce, parmesan cheese, and our Caesar dressing bundled up in a flour tortilla wrap 16

## MAINE LOBSTER ROLL

Fresh Maine lobster lightly tossed with mayo, served with shredded lettuce in a toasted bun. Market price

# Entrees

## BLACKENED SALMON\*

Fresh salmon filet dredged in Cajun spice and pan seared, served with vegetables and seasoned rice on the side 20

## GRILLED SIRLOIN TIPS\*

Marinated choice beef charbroiled & served with choice of potato or rice and vegetable 20  
Add onions, peppers and mushrooms 3

## BBQ RIBS

The best baby back ribs around. Smothered with sauce and served with French fries

Half Rack 16 Full Rack 25

## FISH & CHIPS

Fresh 8oz. fried haddock served with French fries and a side of our house tartar sauce 19

## VEGGIE BURRITO

Texas tortilla wrapped around our spicy bean mix, onions, diced tomatoes, green peppers, black olives and cheddar cheese 14  
With grilled chicken 16

## BAKED HADDOCK DINNER

A fresh 8oz. filet of haddock seasoned and baked. Served with vegetables and choice of rice or mashed potatoes 20

## QUESADILLA

Texas tortilla stuffed with onions, green peppers, black olives, tomatoes & cheddar cheese 12

Cheese only 10

With grilled chicken 14

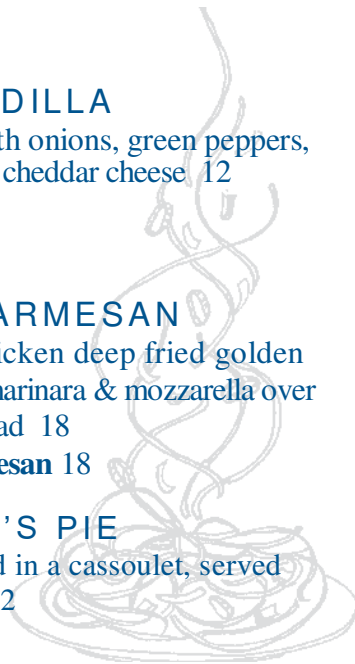
## CHICKEN PARMESAN

A breaded breast of chicken deep fried golden brown, smothered with marinara & mozzarella over linguine, with garlic bread 18

**Eggplant Parmesan 18**

## SHEPHERD'S PIE

Individual serving baked in a cassoulet, served with a homemade roll 12



# Kids Menu

*This menu is for 12 & under only*

## MATTY'S PUB SPECIAL

A smaller portion of our breaded chicken fingers served with french fries or vegetables 8

## PASTA & MARINARA SAUCE

Just like mom makes only better 8

# Pizzas



## BASIC CHEESE

A classic with mozzarella cheese, use this one to build your own. Small 10 Large 14

## PEPPERONI

Our biggest seller, the old standby.

Small 12 Large 16

## CARNIVORE

The meat lover: pepperoni, ham and sausage.

Small 14 Large 20

## VEGGIE

Onions, green peppers, mushrooms, black olives and tomatoes. Small 14 Large 20

## LOADED

Sausage, pepperoni, ham, onion, green pepper, mushrooms and black olives.

Small 16 Large 22

## BBQ CHICKEN

BBQ sauce, chicken and red onion.

Small 14 Large 20

## GREEK

Fresh tomatoes, olives, spinach, feta cheese and fresh garlic.

Small 14 Large 20

## CHICKEN PESTO

The name says it all.

Small 14 Large 20

## HAWIIAN

Cheese, ham, pineapple, onion and green pepper.

Small 14 Large 20

## CHICKEN ALFREDO

Alfredo sauce, chicken, broccoli and cheese.

Small 14 Large 20

## Create your own Pizza...

**Small 1.00each Large 2.00each**

**Black Olives ~ Mushrooms ~ Onions**

**Green Peppers ~ Broccoli ~ Spinach**

**Tomatoes ~ Pineapple**

**Extra Sauce ~ Roasted Red Peppers**

**Small 2.00each Large 3.00each**

**Ham ~ Bacon ~ Sausage ~ Hamburger**

**Pepperoni ~ Chicken**

**Extra Cheese ~ Feta Cheese ~ Pesto Sauce**

## HOT DOG

A hot dog served with macaroni and cheese 8

## HAMBURGER\*

4 oz. hamburger with fries or veggies 8

## GRILLED CHEESE

A classic served with fries or veggies 8

# Beverages — Desserts

## SODAS

Pepsi ~ Diet Pepsi ~ Ginger Ale ~ Sierra Mist  
Orange Crush - Mug Rootbeer  
Pink Lemonade – Unsweetend Tea  
3 / Pitcher 9  
Bottle of Elis Ginger Beer 4

## JUICES 3

Orange — Cranberry — Pineapple — Grapefruit

## SPARKLING WATER 3

COFFEE OR TEA 3

## HOT CHOCOLATE

Topped with whipped cream 3

MILK 3

## BROWNIE SUNDAE

10

## CREME BRULEE

8

## HOMEMADE FRUIT PIE

9

## DOUBLE CHOCOLATE CAKE

9

## NEW YORK STYLE CHEESE CAKE

with raspberry coulis

9

# Suds Pub Beer List

*Our pub has the largest number of beers (29) on tap west of Portland.*

*To keep the selection fresh and interesting, our draught beer list changes depending on the season, availability and the whim of our bar manager. We do have some standard selections listed below that are almost always available.*

***Ask your server about other beers that may not be listed here.....***

## Beer on Tap

CITIZEN CIDER... 7.00

ALLAGASH - SIERRA NEVADA PALE ALE - SEBAGO RED  
SEBAGO IPA - SWITCHBACK - SAM ADAMS - HAPPY HOUR  
GUINNESS - GRITTY'S BLACK FLY STOUT- CONEHEAD IPA  
SHIPYARD EXPORT - ATLANTIC COAL PORTER  
CUSHNOC COFFEE PORTER... 8.00

LONE PINE PALE - LONE PINE BRIGHT SIDE - CZECH PILSNER... 10.00

LUNCH - THIRSTY BOTANIST - FOUNDATION BROWN  
SUBSTANCE - TUBULAR... 10.00

BUDWEISER - BUD LITE - MILLER LITE... 3.75

PABST BLUE RIBBON... 2.50

## Bottled Beer

BUD - BUD LITE - MILLER LITE - COORS LITE

MICHELOB LITE - MICHELOB ULTRA - AMSTEL LITE - HEINEKEN  
HEINEKEN LITE - CORONA - CORONA LITE - SAM ADAMS LITE  
WOODCHUCK CIDER -... 4.00

OMMISSION(Gluten Free) - TRULY... 6.00

Non-Alcoholic ATHLETIC BREWING... 6.00

## “Hoot Nite”

Open “mic” night at  
Suds Pub every Thursday night.  
A Bethel tradition, this is our  
36th year. Check it out!

## Need a Gift?

How about a Suds Pub T- Shirt,  
Gift Certificate or  
Mug Club Membership?  
Ask your server for details.

# Take Out Available

Call the Suds Pub phone at 824-6558. All of our Pub menu items can be packed to go!

*\* Consuming raw or undercooked foods (such as meat cooked rare or medium rare) may increase your risk of food borne illness. Parties of 6 or more may be subject to automatic gratuity and we are unable to accommodate split checks on larger groups.*